

# **POORNA HEALTH CARE TRUST REPORT**



**AFTER THE TSUNAMI:**

**Relief Work  
on the  
East Coast of Sri Lanka**

## *Our Work Continues*

The Poorna Health Care Trust is a non-profit organisation set up eight years ago by Ravi and Penny Jayewardene to streamline accounting systems involved in running a Chelation Therapy Clinic at the Ratnam's Hospital Colombo. We have also worked in areas affected by droughts and floods in the last four years. We have never advertised our work, nor asked for donations. Friends and family who know of our work have helped us throughout the last eight years. Yet nothing prepared us for what the tsunami left behind. We immediately set our relief systems, small though they were, into place, took bank loans and started our work. The tsunami left a trail of destruction hard to imagine and visualize – but the love, concern and support received from around the world enabled us to work in a manner far beyond our scope. We are deeply grateful for the financial assistance we have received from all our family, friends and donors and for the trust you all have placed in us. This report I hope will give you some idea of the work undertaken. In due course, once the accounts have been audited, we will send you a copy of our audited accounts.

The Poorna Health Care Trust will continue to help those affected by the tsunami in the months ahead. Four families, (totaling 14 persons), who need financial assistance for the reconstruction of their homes, livelihood equipment and money for educating their children, are currently a priority for our Trust. PHCT has undertaken their rehabilitation and we will do our best to bring some normalcy back into their lives. If you would like more details of these projects and would like to become a part of this work in any small way, please feel free to email us on [ravi@e-mnet.com](mailto:ravi@e-mnet.com) or [clinic@e-mnet.com](mailto:clinic@e-mnet.com) and we will be happy to assist you with your enquiries.

This report has been compiled, edited and produced with the assistance of my niece, Rochelle Ransom, from Western Australia, who spent many hours of her holiday in Sri Lanka at my computer. Without her this report would never have been born. Thank you Rochelle.

We the Trustees of the Poorna Health Care Trust are indebted to all the Doctors, Sisters, Administrative Staff and volunteer workers of the Chelation Therapy Clinic, Ratnam's Hospital Colombo. Together we have worked tirelessly to complete purchase deadlines, packing and dispatching items needed in the camps. The medical camps held in various camps, spearheaded by our doctors, sisters and volunteers were physically, mentally and emotionally very exacting. The rewards we received were in the smiles from those we treated.

At the time of printing, the areas we worked in are presently inaccessible due to terrorist activity. We hope and pray that we will be able to visit our camps again.

Thank you, once again, for your trust in us and the support of our work.

**Ravi and Penny Jayewardene**  
TRUSTEES  
POORNA HEALTH CARE TRUST.

9th July 2005.

**TSUNAMI RELIEF WORK:**  
**Report on Visits to Internally Displaced Persons Camps**  
**Komari, Uraniya, Kalugolla and Sangamankanda**

*Immediate Response to the Tsunami*

On the 29<sup>th</sup> December 2004 a lorry load of essential goods was sent down to Tangalle. Two sacks of rice, ten kilograms of dhal, sanitary napkins and sarongs were handed over to 15 female prisoners at Tangalle Prison.

We then proceeded to Nawagivana Foundation and met Mrs Kumari Wickremasooria (Chairperson). Two coordinators, very conversant with the area accompanied us and a lorry packed with goods was dispatched for distribution. Our crew traveled right into the interior of the villages and distributed items to victims in different villages. This was a tremendously difficult task, as the smell of rotting corpses was overwhelming.

Children and infants received milk powder, biscuits and clothing. Women received plates, mugs, clothing, sanitary napkins, face towels, biscuits, noodles, sugar, dhal and rice. The men received a plate, mug, a light tea shirt and sarong.

Pillows, bed sheets and urgent toiletries were given to identified victims. We handed over Vitamin C and urgent medical requirements to the doctors running a medical camp in Nawagivana.

Our team returned back immediately to Colombo, as there was no accommodation available as a result of the chaos and turmoil in the Southern coast after the tsunami and we reached Colombo at 2:30 in the morning.

This entire operation was coordinated by Ravi Jayewardene, our Trustee and implemented by Mrs Pat Dharmapala and Sheena Samsudeen. Sheena personally traveled into the Deep South of our country and distributed the items mentioned above. She was accompanied by a male family member as chaperone/driver.

Penny Jayewardene (Trustee PHCT) was in Perth, Australia when the tsunami struck. She returned to Sri Lanka on the 31<sup>st</sup> December 2004 and carried with her 130 kilograms of urgently needed medical equipment and water purification tablets. The donations came from people living in Perth, who are mentioned in the Donors List. All of the medicines were given to Dr Lakshman Weerasene, who was carrying out massive medical relief camps all over the Island.

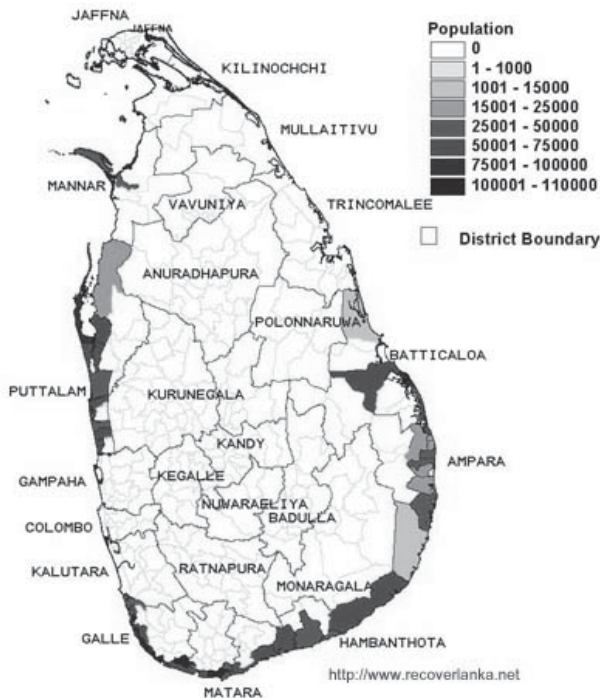
Water purification tablets were received by air cargo, from Australia. This massive consignment of water purification tablets and a hundred water test kits were flown in free of charge by Qantas Airways and Singapore Airlines. We are extremely grateful for their generosity and assistance. The tests kits and purification tablets were donated by persons living in Australia, who are acknowledged in the donors list. Water purification tablets were distributed in Ampara, Trincomalee and the Minneriya areas using the assistance of the Army and the Special Task Force (Police).

Ravi Jayewardene accompanied by Mr John Alex (United Aid Foundation) departed for the East Coast on the 5<sup>th</sup> January 2005. This initial visit was the start of working on the East Coast in the four camps mentioned later in this report. It was decided to work on the East Coast, as this was where the tsunami struck hardest. It was also selected because of its remote location and inaccessibility, as bridges and causeways had been destroyed. This was also an area that had faced the ravages of twenty years of conflict. We took all these factors into consideration when we chose to work on the East Coast.

None of this work would have been possible, if not for the Special Task Force of the Sri Lanka Police, who are in charge of this area. They have to be commended for the humanitarian work they performed in saving lives and finding shelter for many people at great risk to their own lives, from the moment the tsunami struck. Coordinating work through them was a pleasure.

***DETAILS OF THE FOUR CAMPS SELECTED :***

**Population of Divisional Secretary Divisions along the coastal boundaries -2001**



- **New Komari, Potuvil**  
397 Tamil families  
(Total of 1420 persons)
- **Uraniya, Potuvil (Saraswathi School)**  
165 Tamil families  
42 Muslim families  
(Total of 799 persons)
- **Kalugolla Village, Potuvil**  
341 Tamil families  
(Total of 1281 persons)
- **Omariya, Thirukovil**  
141 Tamil families  
(Total of 583 persons)

| Name of Camp | No. of Families |    |   |   |                | No. of Persons |     |   | Adults (over 15 years) |      | No. of Children Male |     |     |      | No. of Children Female |       |     |     |     |       |       |
|--------------|-----------------|----|---|---|----------------|----------------|-----|---|------------------------|------|----------------------|-----|-----|------|------------------------|-------|-----|-----|-----|-------|-------|
|              | T               | M  | S | O | O <sup>1</sup> | T              | M   | S | O                      | Male | Female               | 1-2 | 2-5 | 5-10 | 10-15                  | 15-18 | 1-2 | 2-6 | 5-0 | 10-15 | 15-18 |
| NEW KOMARI   | 397             |    |   |   |                | 1420           |     |   |                        | 456  | 485                  | 35  | 44  | 71   | 75                     | 56    | 31  | 54  | 73  | 76    | 41    |
| URANIYA      | 165             | 42 |   |   |                | 635            | 164 |   |                        | 266  | 251                  | 11  | 16  | 52   | 43                     | 41    | 15  | 28  | 35  | 48    | 39    |
| KALUGOLLA    | 341             |    |   |   |                | 1281           |     |   |                        | 433  | 484                  | 14  | 35  | 75   | 68                     | 58    | 07  | 30  | 60  | 66    | 55    |
| OMARIYA      | 141             |    |   |   |                | 583            |     |   |                        | 164  | 162                  | 04  | 19  | 37   | 26                     | 31    | 07  | 31  | 44  | 30    | 28    |



Tsunami Survivors, Komari



Penny & Sheena in Moslem Village



Penny with Survivors in temporary lodging

<sup>1</sup> TMSO – Tamil, Muslim, Sri Lankan, Other.

***Visit on 12<sup>th</sup> and 13<sup>th</sup> February 2005***

Participants: Dr Ranji Vamadevan, Dr Dhana Saravanapavanathan, Dr Amitha Kanagaratnam, Dr Nirmala Nadarasah, Dr Umesh Perera, Sister Sriyani, Sister Hapuarachchi, Ravi Jayewardene, Penny Jayewardene, Pat Dharmapala, Beta Mendis, Aloma Perera, Manori Dissanayake.

The urgently required items for the four identified camps were dispatched in the first week of February. These items were: lighting, mosquito nets, foot wear and material for waterproofing tents, water tanks and water pumps.

On a request received for Medical Camps from the Special Task Force, our Team set out on its first field visit. We found that people had received medical help but not ongoing care. We had five doctors and two sisters on our team, who all spoke Tamil. The people in the camps welcomed our care and were happy to hear we would be seeing them again. We treated close to 250 patients in the four camps and three persons had to be hospitalized. We found that people were well fed, but lacked varied nutrition. We noticed sores, scabies and skin conditions associated with lack of vitamins, greens and fruit in the diet. We took steps to fulfill these needs, as best we could on subsequent visits.

The needs identified for future visits were: nutrition for mothers and babies, separate bathing facilities for women and children, 3 megaphones, a tractor/trailer with a 2000Lt water bowser, a tractor/trailer for emergency lighting and well cleaning facilities, 4 baby baths and 2 television sets.

***Visit on 25<sup>th</sup> to 27<sup>th</sup> February 2005***

Participants: Ravi Jayewardene, Penny Jayewardene, Gamini Amaratunge, Ravi Shanker Kumaraswamy, Arjantha Subramaniam & Sheena Samudeen.

The main reason for this visit was to take delivery from the manufacturers Edna Appliances (Private) Limited of a tractor trailer. The specifications are as follows. The 5 HP tractor is fitted to a trailer, with a 3 inch SP water pump, a 3 KVA alternator and a 10 feet 3 inch green hose. This piece of equipment was solely funded by United Aid Foundation - USA.

tractor trailer will also be used at the camps for emergency lighting. It will also be of great use when the present camp dwellers are relocated to permanent shelter. The most significant use for this piece of equipment is that it is presently used to provide emergency lighting at distant locations in the camps and in the future it will be of great service in cleaning and purifying drinking water wells when camp dwellers are relocated.



**Learning to operate the Tractor Trailer**

The mobile tractor bowser unit, the second piece of equipment, has a capacity of 450 gallons. Fitted with a 2 inch gate valve and a delivery hose 18 inch manhole and a 1 inch vent pipe, the tank is fitted to the chassis of the trailer and could be removed for any purpose if required. Unlike in a steel tank bowser, there is no algae formation or corrosion or unhygienic reaction in water and is mostly made for delivering water. Furthermore, the trailer is made with strong steel structure with wheels of 15 inch size and a hitch attachment to be pulled by a 2-wheel tractor. This piece of equipment was funded by The 10 Dollar Foundation, USA and supplied by Farmers (Private) Limited. This bowser is presently being used in the largest of the four camps and is providing drinking water to distant areas.



**Uploading the new Water Pump Trailer**



**New Water Bowser**

On this visit our volunteers conducted a survey for a proposed project of providing workmen with their tools of trade. Details of this survey are given below.

- DATE** : 25<sup>th</sup>-27<sup>th</sup> of February 2005  
**OBJECTIVE** : To facilitate the Tsunami affected men to restart their trade  
**TARGET SEGMENTS** : Farmers, Carpenters, Masons and Weavers

The details of the target segments in need of help are tabulated below with the camp details.

| NAME OF CAMP | FARMERS<br>(CHENA) | FARMERS<br>(RICE) | CARPENTERS | MASONS    | WEAVERS  |
|--------------|--------------------|-------------------|------------|-----------|----------|
| Kormari      | 50                 | 50                | 8          | 1         | 0        |
| Kalugolle    | 70                 | 200               | 1          | 0         |          |
| Uraniya      | 85                 |                   | 5          | 16        | 3        |
|              | 205                | 250               |            |           |          |
| <b>Total</b> | <b>455</b>         |                   | <b>14</b>  | <b>17</b> | <b>3</b> |

World Vision contacted Poorna Health Care Trust with a view to ascertain what work we were carrying out on the East Coast. A meeting was set up with Mr. Andrew Lanyon on 8<sup>th</sup> March. World Vision decided to take over the project to provide workmen with tools and make it a project of their own, using PHCT in the role of a facilitator.

World Vision will secure all the items mentioned in the report and PHCT will assist at the time of distribution in the camps. Follow up on this project is still being done. It must be mentioned that PHCT is not subject to demands of donors and if the project had been carried out by PHCT with its own resources, it would have been concluded by now. However, PHCT are following up closely on the matter.

World Vision asked Poorna Health Care Trust for assistance with people to do similar surveys in 15 other camps in the Ampara and Batticallo Districts -Poorna Health Care Trust agreed to help World Vision with the surveys and link volunteers working with Poorna Health Care Trust with World Vision. World Vision was advised that these volunteers were all full time workers and that work with them would be over holidays/ weekends. No further information is available on this matter as of now (6<sup>th</sup> May 2005).

## **PROJECT IMPLEMENTATION DETAILS HANDED OVER TO WORLD VISION INTERNATIONAL**

Note - Sri Lanka Rupee Conversion is

US\$1 equals Rs.100 approx.

Au\$1 equals Rs. 78 approx.

### **1. Carpentry Tool Kit**

| <i>Description of items</i>        | <i>Option1<br/>(Short term)<br/>Approx.<br/>Cost in Rs.</i> | <i>Option2<br/>(Long term)<br/>Approx.<br/>Cost in Rs.</i> |
|------------------------------------|---|--|
| Hand saw                           | 150.00  | 690.00   |
| Spirit level                       | 200.00  | 990.00   |
| Hammer                             | 200.00  | 200.00   |
| Chisel                             | 225.00  | 610.00   |
| Wood planner                       | 450.00  | 450.00   |
| Measuring tape                     | 100.00  | 220.00   |
| Ratchet bit brace                  | 750.00  | 750.00   |
| Vice 6 inch                        | 750.00  | 750.00   |
| Screw driver                       | 190.00  | 320.00   |
| <b>Total (Approx.) cost SL Rs.</b> | <b>3015.00</b>  | <b>4980.00</b>   |

**Short term** : *Mainly consists of Chinese brands*

**Long term** : *Mainly consists of European brands*

**Cost per carpenter on short-term basis** : **Rs.3015.00**

**Cost per carpenter on long-term basis** : **Rs.4980.00**

## 2. Mason's Tool Kit

| <i>Masonry tool</i>         | <i>Cost in Rs.</i> |
|-----------------------------|--------------------|
| Mason's Spoon (Large)       | 165.00             |
| Mason's spoon (Small)       | 100.00             |
| Hammer                      | 200.00             |
| Small leveler               | 200.00             |
| Roll of thread              | 50.00              |
| Hand saw                    | 150.00             |
| Mattan leeya (leveler)      | 250.00             |
| Measuring tape              | 100.00             |
| <b>Approx. Total in Rs.</b> | <b>1215.00</b>     |

Cost per Mason : Rs. 1215.00

## 3. Farmer's Tool Kit

| <i>Tools required for both forms of Farming</i> | <i>Cost in Rs.</i> |
|---|--------------------|
| Mammoty   | 285.00             |
| Sickle  | 500.00             |
| Axe   | 300.00             |
| <b>Approx. Total in Rs.</b>                     | <b>1085.00</b>     |

Cost per Farmer : Rs. 1085.00

**Conclusion:** The reality is that the requirements for tools to restart work keeps changing day by day as there may be other NGO's and organizations working towards the same goal. It was also evident that men were switching to alternative employment from time to time. It was recommended to World Vision that it would be more advisable to settle for an average requirement because an *actual* requirement would not be possible.

## ***NUTRITIONAL NEEDS FOR MOTHERS AND YOUNG CHILDREN***

While conducting our survey it became obvious to us that there were nutritional needs for mothers and children, which were not being met. A list of items of nutritional supplement was compiled and this project was successfully completed on the next visit to the camps (27<sup>th</sup> March to 01<sup>st</sup> April 2005).

Details of the supplements are given below:

***Nutrition for Babies/ Children***

- ◆ Nestle Cereal Green Gram
- ◆ Green Gram
- ◆ Medium Gram
- ◆ Samaposha
- ◆ Nestle Cerelac (Apple & Wheat)
- ◆ Milna Rusks
- ◆ Anchor Milk
- ◆ 11 Lt. Buckets (For storing items)
- ◆ Bottle Brushes
- ◆ Teats
- ◆ Baby soap
- ◆ Plastic bottles
- ◆ Baby Vitamins

***DETAILS FOR PROJECT IMPLEMENTATION AT THE CAMP ON 27<sup>TH</sup> MARCH TO 01<sup>ST</sup> APRIL 2005 (Potuvil to Arugambe).***

**Objective** : To provide nutrition for 828 children between the ages of 0-10 yrs.

**Target segments** : Children 0-5  
Children 5-10 yrs

The details of the target segments in need of help are tabulated below with the camp details.

| <i>Name of the camp</i> | <i>Children 0 -5 years</i> | <i>Children 5 - 10 years</i> | <i>Family groups</i> | <i>cost per familygroup Rs.</i> |
|-------------------------|----------------------------|------------------------------|----------------------|---------------------------------|
| Komari                  | 164                        | 144                          | 397                  | 307873.50                       |
| Uraniya                 | 70                         | 87                           | 207                  | 160528.50                       |
| Kalugolla Village       | 86                         | 135                          | 341                  | 264445.50                       |
| Omariya                 | 61                         | 81                           | 141                  | 109345.50                       |
| <b>Total</b>            |                            |                              |                      | <b>842193.00</b>                |

| <i>Suggested Nutritional Items</i> | <i>Individual Cost of Items</i> |
|------------------------------------|---------------------------------|
| Nestles Cereal Green Gram          | 125.00                          |
| Green Gram                         | 39.00                           |
| Medium Gram                        | 41.50                           |
| Samaposha (2 Pkts)                 | 58.00                           |
| Nestles Cereal (Apple & Wheat)     | 152.00                          |
| Milna Rusk                         | 210.00                          |
| Anchor Milk (1 Pkt)                | 150.00                          |
| <b>TOTAL:</b>                      | <b>775.50</b>                   |

***WORK STRATEGIES:******Needs of Pregnant Mothers :***

A need for proper reproductive health surveys and clinics for pregnant mothers was identified as a future need since pregnancies were on the increase. (Please see details of implementation in the report of the visit on 27<sup>th</sup> March to 1<sup>st</sup> April 2005).

***Nutritional Project:***

World Vision is due to embark on a National Nutritional Project in schools island wide in conjunction with Government authorities.

***Needs of Elderly :***

The needs of the elderly were identified from patients we visited on our first trip. The aged seemed to need a lot of nutrition and assistance, as the trauma of the tsunami combined with the living conditions seem to have taken their toll physically and mentally hardest on them.

***Playgrounds :***

Poorna Health Care Trust requested World Vision to install two playgrounds for children in Omariya camp- (198 children) and Uraniya camp (248 children). World Vision has established playgrounds in all four camps.

***Pre-Schools :***

Identified also was a need for a preschool for two to five year olds. The Save the Children Fund has since established an operating preschool in Komari, taught by Mrs Thangarajah Sri Ranjana.

***Visit from 27<sup>th</sup> March to 1<sup>st</sup> April 2005***

**Participants :** Ravi Jayewardene, Penny Jayewardene, Dr. Domingo Nunez, Surgeon from New York, Sandra Nunez, President United Aid Foundation, Mr. Alex Nunez, Student, Dr. Ranji Vamadevan, Consultant Anesthesiologist, Dr. Anandi Kumarasamy, Consultant Obstetrician Gynecologist, Dr. Amitha Kanagaratnam, General Practitioner, Medical Sister Happuarachchi, and Miss. Sheena Samsudeen.

United Aid Foundation has funded a large amount of the work undertaken by the Poorna Health Care Trust. Mr. John Alex , Treasurer of United Aid Foundation accompanied Mr. Ravi Jayewardene on the initial visit to the East Coast in early January 2005. Witnessing the devastation of this region, PHCT with backing from Mr. John Alex and Mrs. Sandra Nunez started purchases required for these camps.



**Children receiving toys and games from United Aid Foundation.  
Dr. Domingo & Sandra Nunez (UAF President) are pictured.**

An earlier visit by Dr. G.A.P. Ganepola also from United Aid Foundation, endorsed the idea Mrs. Ravi Jayewardene had of conducting a medical camp for pregnant mothers. Dr. Ganepola handed over to PHCT packs of vitamins for pregnant mothers on his visit in mid February, 2005. These items were distributed at medical camps conducted during our visits.



**Ajantha & Sheena talk to women re contraception**



**Dr Anandi gives a birth control lecture**



**Ravi Shanker & Sheena give a birth control lecture to men**

Separate bathing areas for women were constructed in all four camps. We are happy to note that this facility exists only in the four camps mentioned above.



**Bathing place for women**



**New tank for bathing**



**The first bath**

On the 28<sup>th</sup> of March an Obstetric and Gynecological clinic was conducted by Dr. Anandi Kumarasamy. Thirty five pregnant mothers were seen and five new pregnancies were detected. The ladies with a risk factor were advised and sent with a covering letter to the Base Hospital for further care. All mothers were given nutrition packs and vitamins.



**Unloading mothers' nutrition packs**



**Special Task Forces stacks up nutrition packs**



**Mothers' nutrition pack distribution**

A general medical camp was also conducted at this camp at which many patients were treated. On the 29th February a General medical camp was conducted at Mandan at the request of the Special Tasks Force.



**Dr Dhana Consults**



**Helpful advice from the Special Task Force**

After the General medical camp on the 29<sup>th</sup> March, 2005, United Aid Foundation and Poorna Health Care Trust visited Thirukovil Hospital. Dr. Domingo Nunez asked the Doctor in charge for a list of priorities.

Poorna Health Care Trust has subsequently contacted Dr. Jeganathan, Consultant, North East Health Care Development, Ministry of Health. Dr. Jeganathan intimated that funding for rebuilding the kitchen, nurses quarters and men's' and women's' wards at the hospital had been received. Poorna Health Care Trust is in contact with Dr. Jaganathan and will advise United Aid Foundation of how the project is developing. He has since advised us that a fully funded project to totally upgrade Thirukovil Hospital is in the Government pipeline. PHCT has therefore decided not to duplicate work and identified and secured alternative projects to be funded.

Poorna Health Care Trust will always be indebted to United Aid Foundation for their unstinted support financially towards projects undertaken and for accompanying Poorna Health Care Trust Trustees on field visits to the East Coast. Poorna Health Care Trust thanks especially the following United Aid Foundation office bearers:

|                            |                                       |
|----------------------------|---------------------------------------|
| <b>Sandra Joseph Nunez</b> | President                             |
| <b>Savitri Weerackody</b>  | Vice President                        |
| <b>John Alex</b>           | Treasurer                             |
| <b>Dr. G.A.P. Ganepola</b> | Member of United Aid Foundation Board |

*With the exception of Dr. G.A.P. Ganepola, whose time was already committed in Colombo on other health related matters, the above named persons visited the camps with our trustees and doctors, financially supported our work and enabled us to undertake projects way beyond are financial scope. In no small measure has this contribution made a difference in the lives of the four thousand one hundred persons in these camps (1100 families).*

The trips to the East Coast take 9 to 11 hours each way. We generally travel up in a van which is air-conditioned. However, the seats are basic and not built for comfort. The President and members of United Aid Foundation who made the trip with us will never forget the physical hardship they endured. However, the work at our destination is so needy that we make the trip as often as we have to despite hardships.

The camps now are equipped and people housed in the camps are learning to use facilities that will be available to them after they are relocated to permanent lodgings.

Permanent shelter is slow in being provided due to lack of proper infrastructure to deal with land allocation for house construction. This situation has still not improved.

Poorna Health Care Trust is in touch with the camp co-coordinators and will keep interested donors advised of future needs.

### ***Items sent up to the camps-Komari / Uraniya / Sangamankanda and Omariya***

- ❖ 10 x Cartons Milton tablets (21600 tablets) (Water Purification Tablets)
- ❖ 6 Packets x Milton tablets (180 tablets)
- ❖ 11 x 100 ml Vials Micropur Liquid (Water Purification)
- ❖ 1100 Re-Entry Packs (Camping Kit incl. cooker, cooking utensils and other essentials for living in a tent)
- ❖ 1100 x Hurricane Lamps
- ❖ 1100 x Mosquito Nets
- ❖ 3190 x Rubber Slippers
- ❖ 10 x 2000Lt. Water Tanks
- ❖ 50 x 100m Rolls (8ft.) Plastic for Water Proofing Tents
- ❖ 1 x Tractor Trailer (12HP) fitted with 1 inch Water Pump and 1000Lt. Water Tank (Mobile Water Bowser)
- ❖ 2 x Water Pumps
- ❖ Hand Tractor and Trailer fitted with a 3kw Generator and a 3 inch Pump. The Trailer was mounted with a 200Lt. Diesel and a 200Lt. Kerosene Tank (used for emergency lighting and for cleaning out wells).
- ❖ 1 x 1000 Lt. Water Tank
- ❖ 3 x Loud Hailers (Megaphones)
- ❖ 2 x Televisions
- ❖ 535 x Cakes of Soap
- ❖ 382 x Tubes of Toothpaste
- ❖ 280 x Toothbrushes

### ***Medicines Required for Medical Camps***

- ❖ Pinnard's Stethoscope
- ❖ B.P Apparatus
- ❖ Test Tubes
- ❖ Gloves - Non Sterile Disposables
- ❖ Wadding
- ❖ Plastic Bags for Garbage
- ❖ 2 x Tubes Lignocaine
- ❖ Cotton Wool
- ❖ 2 x Artery Forceps
- ❖ 20 x Anti Toxoid
- ❖ 20 x 2cc Syringes
- ❖ Pregnant Mothers Test Strips
- ❖ Steriliser
- ❖ Candle Matches
- ❖ Bed Sheets, Hand Towels, Duster, Plastic Sheet
- ❖ Paper Tissues, Wet Tissues, Scissors

***Items distributed to 300 Mothers:***

Each mother received a pack (bucket) containing the following:

- ❖ Green Gram (Whole)
- ❖ Yellow Dhal
- ❖ Grain Cereal (Samaposha)
- ❖ Cereal (Apple & Wheat)
- ❖ Powdered Milk
- ❖ Green Gram (Cereal)
- ❖ Nutritious Snacks for Children
- ❖ 11 Lt. Bucket (for storing items)
- ❖ Feeding Bottles (2 sizes)
- ❖ Teats
- ❖ 1 x Bottle Brush
- ❖ 1 x Baby Soap
- ❖ 1x Plastic Bottle (to store milk powder)
- ❖ Baby Vitamins and Vitamins for Mothers

From May this year, ethnic unrest in areas on the East Coast has prevented our visits to the camps. We keep in touch with the Special Task Force who are in charge of these camps and have no doubt that if there are further needs for the camps that we can assist with, the STF will inform us. Infrastructure and co-ordination between the various Government Departments to facilitate building operations in these areas has been slow and in some cases non-existent. Camp dwellers are now using hospitals and other public services available to them as the needs for urgent medical and relief operations are now over. We hope and pray that life for these people will change and that they will be given their permanent homes before too long.

***Work Undertaken in June 2005***

In June 2005 PHCT funded three projects, which were implemented through **Rebuild Sri Lanka**. We, Poorna Health Care Trust, acted as facilitators for United Aid Foundation USA, who funded the three projects at a total cost of US\$3400/- .

**Rebuild Sri Lanka** volunteers travel extensively throughout the affected areas each week, identifying livelihood projects and requirements. Networking with the military, STF and local authorities, written requests are received each week pertaining to livelihoods and related requirements. Items and materials are identified and when funding is available are provided.

Poorna Health Care Trust was able to provide the funding for the three projects mentioned below.

Details of the projects are as follows:

**1. Akkarapattu " Ampara District**

Livelihood " Farming (Agriculture) Requirements

10 x Wheel Barrows

30 x Torches

10 x Lanterns

25 x Axes

50 x Chisel

5 x Spray Machines

50 x Mammoty

10 x Petrol max lanterns

**Total Cost Rs. 133, 450/-**

**2. Sports Items " Jaffna (Schools)**

The sports items listed below have been purchased and delivered to the army headquarters in Colombo. The items will then be transported by air, to Jaffna.

50 x Cricket Bats

150 x Wickets

25 x Volley Balls and Nets

20 x Badminton Sets

10 x Carrom Boards

20 x Footballs

100 x Tennis Balls

**Total Cost is Rs. 97, 535/-**

**3. Sewing Machines for Trincomalee**

10 Sewing Machines were required for a women's project in the Trincomalee area. The Machines were purchased and distributed through the army.

**Total Cost is Rs. 85,000/-**

**OUR HEARTFELT THANKS AND APPRECIATION MUST TO THE  
FOLLOWING DONORS, WITHOUT WHOSE GENEROSITY THESE  
ACCOMPLISHMENTS WOULD NOT HAVE BEEN MADE POSSIBLE.  
(IN ALPHABETICAL ORDER)**

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